

# FLAT IRON GRILL

## Food & Drinks



Cardiff Golf & CC

### BREAKFAST

Breakfast Served All Day

#### Back 9 <sup>GF\*</sup> \$8

A perfectly fried egg, crispy bacon, melted cheese, and fresh tomato, all between a toasted bun with a touch of mayo - treat yourself to the #1 breakfast sandwich in golf

Add Hashbrowns +2

#### Coal Miner Breakfast <sup>GF\*</sup> \$16

The ultimate breakfast combo - two eggs, cooked just the way you like, served with crispy hashbrowns, toast, and your choice of sizzling bacon or savory sausage

#### BLT Breakfast Sandwich <sup>GF\*</sup> \$15

Two egg omelette topped with cheese, bacon, lettuce and tomatoes Served between a toasted herb schiacciata bread and a side of hashbrowns.

#### Breakfast Wrap <sup>GF\*</sup> \$15

Three scrambled eggs, bacon, onions, peppers & mixed cheese wrapped in a soft tortilla shell, served with a side of hashbrowns, sour cream & salsa

### APPETIZERS

#### Wings <sup>GF\*</sup> \$19

A full pound of tender, juicy wings—your choice of bone-in or boneless—served up hot with crisp veggies and your favorite dipping sauce. Perfect for sharing... or not

**Sauces:** Hot, BBQ, Spicy Dill, HottyYaki, Honey Garlic, Sweet Chili or Gochujang

**Rubs:** Salt & Pepper, Lemon Pepper, Dill or Cajun

#### Nachos <sup>V</sup> \$13

Our house-fried tortilla chips topped with melted mixed cheese, fresh tomatoes, green onions, black olives, and jalapeños. Served with sour cream and zesty salsa on the side. Great for sharing, even better with a cold drink

Make it a full order +4

Add Chicken +6 Add Beef +5

#### Mini Perogies & Sausage <sup>V\*</sup> \$14

Golden-fried bite sized perogies served with double-smoked farmer's sausage, sour cream, and your choice of green onions or caramelized onions.

#### Wagyu Beef Gyoza \$14

Eight pan-seared Wagyu beef dumplings tossed in a hoisin-sesame dressing, finished with gochujang miso aioli, green onions, and sesame seeds.

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|---|----------------------|------|
| S | • Coal Miner Chips   | \$9  |
| I | • Fries              | \$9  |
| D | • Truffle Parm Fries | \$10 |
| E | • Sweet Potato Fries | \$9  |
| S | • Onion Rings        | \$9  |

\*All Sides Served With Your Choice of Dip\*

\*\*All side available in half orders for \$4 OFF\*\*

<sup>GF</sup> Gluten Free <sup>GF\*</sup> Gluten Free Options Available

<sup>V</sup> Vegetarian <sup>V\*</sup> Vegetarian Options Available

### GREENS + BOWLS

#### House Green Salad <sup>GF</sup> <sup>V</sup> \$13

Tuscan spring mix topped with juicy tomato, crunchy red onion, cucumber & goat cheese. Served with your choice of dressing for a light and flavorful meal.

Add grilled chicken for +6 to make it even more satisfying

#### Caesar Salad <sup>GF\*</sup> \$16

Crisp romaine lettuce tossed with a rich asiago and parmesan blend, crispy bacon, and crunchy croutons, served with a side of garlic toast.

Add grilled chicken for +6 to make it even heartier

#### Buffalo Chicken Salad <sup>GF\*</sup> \$18

Crispy buffalo chicken served over mixed greens, fresh tomato, cucumber, bacon, and mixed cheese, all finished with a creamy ranch drizzle. A bold and satisfying salad packed with flavor.

#### Ginger Beef Bowl \$17

Deep-fried crispy Alberta-style ginger beef tossed in a bold sweet ginger-garlic sauce with sautéed peppers. Finished with fresh julienned carrots, green onion, and sesame seeds. Served over your choice of rice or noodles.

#### Gnocchi Bowl <sup>GF\*</sup> <sup>V</sup> \$17

Pan-seared gnocchi with sautéed spinach, blistered gem tomatoes topped with marinara sauce, goat cheese and garlic toast

Add grilled chicken +6

### HAND HELDS

All Handhelds served with your choice of French Fries, house salad or soup

#### Chicken Parm Sandwich \$17

Crispy breaded chicken breast, layered with rich marinara, roasted red pepper spread, and melted provolone cheese, all finished on a toasted herb schiacciata bun. A bold and comforting classic with a flavorful twist

#### Cardiff Cheese Steak <sup>GF\*</sup> \$18

Shaved Angus Sirloin, paired with caramelized onions, zesty banana peppers, and melted provolone cheese, Finished with a smoky garlic and horseradish aioli and served between a toasted pretzel baguette. A savory and satisfying bite you won't forget

#### Cardiff Clubhouse <sup>GF\*</sup> \$16

A triple-decker with sliced turkey, ham, crispy bacon, lettuce, and tomato on your choice of bread.

#### Smash Burger <sup>GF\*</sup> \$17

A juicy 5oz fresh smashed patty topped with cheese, in-house coal miner sauce, crisp white onions, shredded lettuce, and pickles. A classic combination with bold, irresistible flavors

Add Cheese +1 Add Bacon +3 Add Patty +5

Upgrade your side with gravy (+1) sweet potato fries, truffle parm fries, caesar salad, onion rings or coal miner chips (+2)

\*All pricing includes GST\*

## Pizzas

### Classic Cheese GF\* V \$15

A 10-inch classic crust pizza baked to a golden finish, topped with our house tomato sauce and a smooth blend of melted mozzarella and monterey Jack cheese.

### Hawaiian GF\* \$17

10-inch classic crust pizza baked to a golden finish, topped with house tomato sauce, melted mozzarella & monterey jack cheese, sweet pineapple and ham

### Coal Miner GF\* \$18

10-inch classic crust pizza baked to a golden finish, topped with house tomato sauce, melted mozzarella & monterey jack cheese, crispy pepperoni, ham & bacon.



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## The Classics

All Classics served with your choice of French Fries, house green salad or soup

### Fish N Chips \$19

A flaky, perfectly fried haddock filet, served with tartar sauce and crisp coleslaw. One bite and you'll be hooked - this crowd favorite is a true best-seller for a reason

### Chicken Tenders \$17

Juicy, large chicken filets fried to golden perfection, served with your choice of dipping sauce. Crispy on the outside, tender on the inside

### Steak Sandwich GF\* \$24

Grilled Angus Striploin, served atop a slice of garlic toast and topped with sautéed mushrooms. A savory combination that hits all the right notes

### Soup & Sandwich \$13

Your choice of a grilled ham & cheese or a classic BLT with bacon, lettuce, and tomato. Served on your choice of bread along with our daily soup.

*Upgrade your side with gravy (+1) sweet potato fries, truffle parm fries, caesar salad, onion rings or coal miner chips (+2)*

## TACOS

### Fish Tacos \$18

Crispy battered fish tucked into soft tortillas with crunchy cabbage, chipotle aioli, fresh mango salsa, and a drizzle of lime crema. Bright, bold, and seriously satisfying

### Chicken Tacos \$18

Tender chipotle chicken layered with crisp lettuce, creamy chipotle aioli, crumbled feta, fresh mango salsa, and a touch of lime crema. A perfect balance of smoky, sweet, and tangy in every bite

### Smash Burger Tacos \$18

Smashed beef taco, finished with coal miner sauce, cheese, shredded lettuce, white onions and pickles.

MAKE A  
*Reservation*

OR  
*Take Out*

780.939.6666 ext 3

## AIMING FLUID

Reds	6oz	9oz	BTL
Canyon Road Cab Sauv* Medium-bodied wine with cherry and blackberry notes; pairs well with steak, pasta, and cheese.	\$7	\$9	\$30
Henry of Pelham Baco Noir Full-bodied and smooth with dark fruit and spice; pairs well with grilled meats & sharp cheeses.	\$7.5	\$10.5	\$38
Three Finger Jack Cab Sauv Bold Cabernet Sauvignon with dark fruit and oak; pairs well with red meats & rich dishes	\$7.5	\$10.5	\$38
Luigi Bosca Malbec Rich & smoth Malbec with plum and spice; pairs well with handhelds	\$10.5	\$13.5	\$45

### Whites

Canyon Road Pinot Grigio* Crisp Pinot Grigio with citrus and green apple; pairs well with seafood and salads.	\$7	\$9	\$30
Selaks Sauve Blanc* Bright Sauvignon Blanc with tropical and citrus notes; pairs well with seafood and fresh herbs.	\$7	\$9	\$30
Henry of Pelham Pino Grigio Light Pinot Grigio with pear and melon notes; pairs well with poultry and light pasta.	\$7.5	\$10.5	\$38

### Rosé

Saintly The Good Rosé Light rosé with strawberry and citrus notes; pairs well with salads, seafood, and light dishes.	\$7.5	\$10.5	\$38
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Draft Beer	20oz	60oz
Cardiff Emergency-9 Lager, Manual Labour Brewery, 5%	\$8.5	\$22
6 O'clocker Lager, Alley Kat Brewery, 5%	\$8.5	\$22
The Wolf Hazy Pale Ale, Sea Change Brewery, 5.5%	\$8.5	\$22
Babe Tangerine Dream Fruit Beer, Jasper Brewing Co, 4.8%	\$8.5	\$22
Guinness Stour, St. James Brewery, 4.2%	\$9.5	
Rotating Tap Ask your server to see what's on tap	\$8.5	\$22

### Premium Liquor

Scotch Lindores Single Malt 1494	\$8	\$14
Bourbon Buffalo Trace Kentucky Bourbon	\$8	\$14
Chica Chida Tequila Peanut Butter Agave Spirit	\$8	\$14

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